

Toasted Croissant

with Smoked Cheddar & Tomato





First up!

Wash your hands and any fresh foods before you start.

Ingredients	2 people
Smoked Cheddar Cheese	2 packets (100g)
Tomato	1
Croissants *Pantry Items	2

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AVG QTY	PER SERVING	PER 100g
Energy (kJ)	1679kJ	1138kJ
Lifeigy (KJ)	(401Cal)	(272Cal)
Protein (g)	16.7g	11.3g
Fat, total (g)	27.3g	18.5g
- saturated (g)	17g	11.5g
Carbohydrate (g)	22.1g	15g
- sugars (g)	4.1g	2.8g
Sodium (g)	516mg	350mg

The quantities provided above are averages only.

1. Get prepped

Preheat oven to 220°C/200°C fan-forced. Thinly slice smoked Cheddar cheese and tomato. Cut croissants in half horizontally.

2. Bake croissants

Divide **cheese** and **tomato** between **croissant** bases. Top with **croissant** tops and place on an oven tray. Bake until cheese is melted, **5-8 mins**.

3. Serve up

Divide croissants between plates.

Allergens

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

If you have any questions or concerns, please contact us at hellofresh.com.au/contact

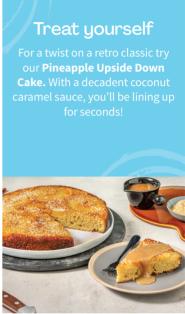




ON THE MENU

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Choc Chip Protein Cookie



Balsamic Vinegar & Sea Salt Vege Crackers



Raspberry Lemonade Kombucha



Sweetcorn & Spring Onion Fritter Bites

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