

Plant-Based Beef & Pesto Ravioli

with Almonds & Pear Salad

Grab your Meal Kit with this symbol









Cherry Tomatoes



Carrot





Plant-Based Beef-Style Ravioli



Leaves







Plant-Based **Basil Pesto**



Flaked Almonds

Pantry items

Olive Oil, Plant-Based Butter, Balsamic Vinegar

Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You will need

 ${\sf Medium\ saucepan\cdot Large\ frying\ pan}$

Ingredients

9			
	2 People	4 People	
olive oil*	refer to method	refer to method	
cherry tomatoes	1 punnet	2 punnets	
garlic	2 cloves	4 cloves	
pear	1	2	
carrot	1	2	
plant-based beef-style ravioli	1 packet	2 packets	
vegetable stock powder	1 large sachet	2 large sachets	
plant-based butter*	30g	60g	
plant-based basil pesto	1 medium packet	1 large packet	
balsamic vinegar*	drizzle	drizzle	
mixed salad leaves	1 small bag	1 medium bag	
flaked almonds	1 medium packet	1 large packet	

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3243kJ (775Cal)	709kJ (169Cal)
Protein (g)	20g	4.4g
Fat, total (g)	31.7g	6.9g
- saturated (g)	4.7g	1g
Carbohydrate (g)	96.2g	21g
- sugars (g)	17.8g	21g
Sodium (mg)	1488mg	325mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Get prepped & cook the pasta

- Bring a medium saucepan of salted water to the boil.
- Halve cherry tomatoes. Finely chop garlic. Thinly slice pear. Grate carrot.
- Cook plant-based beef-style ravioli in the boiling water until 'al dente',
 6-8 minutes.
- Reserve some **pasta water** (1/3 cup for 2 people / 2/3 cup for 4 people), then drain **ravioli** and return to pan.

TIP: 'Al dente' pasta is cooked through but still slightly firm in the centre.



Make the salad

- While tomatoes are cooking, combine a drizzle of **balsamic vinegar** and **olive oil** in a medium bowl. Season with **salt** and **pepper**.
- Add carrot, pear and mixed salad leaves. Toss to coat.



Bring it all together

- While pasta is cooking, heat a large frying pan over a high heat with a drizzle
 of olive oil.
- Cook cherry tomatoes, stirring occasionally, until blistered, 3-5 minutes.
 Reduce heat to medium. Add garlic and cook until fragrant, 1 minute.
- Add cooked ravioli, reserved pasta water, vegetable stock powder and plant-based butter. Cook until slightly reduced, 1-2 minutes. Remove from heat. Gently stir in plant-based basil pesto, until ingredients are coated, 1 minute.



Serve up

- Divide plant-based cherry tomato and pesto ravioli between bowls. Sprinkle with flaked almonds.
- Serve with pear salad.

Enjoy!



