



Pineapple Upside Down Cake

with Caramel & Toasted Coconut

Grab your Meal Kit with this symbol



Pineapple Slices



Brown Sugar



Basic Sponge Mix



Shredded Coconut



Coconut Milk



Hands-on: 20 mins
Ready in: 1 hr 15 mins

Do you remember this retro classic? We may have taken a few liberties with the original, like adding a coconut caramel sauce. This cake will be sure to impress when you flip it upside to reveal the sticky caramel pineapple layer!

Pantry items

Butter, Eggs, Milk

Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You will need

20cm round cake tin lined with baking paper · Kitchen scales · Medium saucepan · Electric beaters · Medium frying pan

Ingredients

	6-8 Slices
pineapple slices	1 tin
butter (softened)*	230g
brown sugar	2 packets
eggs*	3
basic sponge mix	1 packet
milk*	½ cup
shredded coconut	1 packet
coconut milk	1 medium tin

*Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2920kJ (697Cal)	1350kJ (324Cal)
Protein (g)	8.1g	3.8g
Fat, total (g)	36.6g	17.0g
- saturated (g)	23.6g	11.0g
Carbohydrate (g)	81.8g	38.0g
- sugars (g)	61.2g	28.4g
Sodium (mg)	590mg	274mg

The quantities provided above are averages only.

*Nutritional information is based on 7 servings.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit [hellofresh.com.au/foodinfo](https://www.hellofresh.com.au/foodinfo) for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Get prepped

Preheat the oven to **180°C/160°C fan-forced**. Grease and line the cake tin with baking paper. Drain the **pineapple slices**. Measure out 200g **butter (for the cake)** and set aside at room temperature to soften. Measure 30g **butter (for the sauce)** and set aside. Divide the **brown sugar** into three separate bowls: 200g in one bowl, 60g in another bowl and the remaining 40g in a third bowl.

TIP: Weigh out your ingredients before you start to speed up your prep time!



Make the coconut caramel

While the cake is baking, wipe out the saucepan and return to a medium heat. Cook the **coconut milk** and 60g **brown sugar**, whisking until well combined and turned to caramel, **5-8 minutes**. Set aside to thicken.

TIP: The caramel will thicken as it rests!



Start the cake

In a medium saucepan, combine the **butter (for the sauce)** and 40g **brown sugar**. Cook over medium heat, stirring, until the sugar is dissolved, **2-3 minutes**. Pour the **sauce** into the lined cake tin. Place the **pineapple slices**, in a single layer, on top of the sauce.



Toast the coconut

Heat a medium frying pan over a medium-high heat. Add the **shredded coconut** and toast until golden, **2-3 minutes**. When the cake has cooled, place a serving plate on top of the cake. Carefully flip the cake over and remove the tin to reveal the pineapple top.



Make the cake

In a large bowl, add 200g **brown sugar** and the **butter (for the cake)**. Beat with electric beaters until light and fluffy, **2-3 minutes**. Add the **eggs**, one at a time, and beat until smooth. Fold in the **basic sponge mix** and **milk** with a spoon until just combined. Transfer the **cake batter** to the lined cake tin. Bake for **45 minutes to 1 hour** or until cake is golden brown and cooked through. Set aside to cool in the tin, **15-20 minutes**.

TIP: Using room temperature butter helps the batter get light and fluffy!

TIP: To check if the cake is done, stick a toothpick or skewer in the centre. It should come out clean.



Serve up

Sprinkle the cake with the toasted coconut. Slice and serve drizzled with the coconut caramel.

Enjoy!