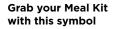
Parmesan Crumbed Pork Schnitzel

with Pesto Potatoes & Garden Salad









Potato

Black Peppercorns





Pork Schnitzel

Panko Breadcrumbs



Grated Parmesan





Tomato





Mixed Salad Leaves

Basil Pesto







Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You will need

Oven tray lined with baking paper · Large frying pan

Ingredients

miground.		
	2 People	4 People
olive oil*	refer to method	refer to method
potato	2	4
black peppercorns	1 sachet	2 sachets
pork schnitzel	1 packet	1 packet
plain flour*	2 tbs	⅓ cup
salt*	½ tsp	1 tsp
egg*	1	2
panko breadcrumbs	¾ packet	1½ packets
grated Parmesan cheese	1 packet	2 packets
flaked almonds	1 packet	2 packets
tomato	1	2
carrot	1/2	1
basil pesto	1 sachet (50g)	1 sachet (100g)
balsamic vinegar*	1½ tsp	3 tsp
mixed salad leaves	1 bag (30g)	1 bag (60g)
garlic aioli	1 packet (50g)	1 packet (100g)

^{*}Pantry Items

Nutrition

	Per Serving	Per 100g
Energy (kJ)	3265kJ (780Cal)	553kJ (132Cal)
Protein (g)	57g	9.6g
Fat, total (g)	36g	6.1g
- saturated (g)	6.8g	1.2g
Carbohydrate (g)	53.2g	9g
- sugars (g)	6.6g	1.1g
Sodium (mg)	879mg	149mg

Allergens

Always read product labels for the most up-to-date allergen information.
Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



1. Roast the potatoes

Preheat the oven to 240°C/220°C fan-forced. Cut the potato (unpeeled) into 2cm chunks. Place the potato onto an oven tray lined with baking paper. Drizzle with olive oil and season with a pinch of salt and pepper. Toss to coat, then roast until tender, 20-25 minutes.

TIP: Cut the potato to the correct size so it cooks in the allocated time.



2. Crumb the pork

While the potato is roasting, lightly crush the black peppercorns in a pestle and mortar or in their sachet using a rolling pin. Pull apart the pork schnitzel. In a shallow bowl, combine the plain flour and the salt. In a second shallow bowl, whisk the egg. In a third shallow bowl, combine the panko breadcrumbs (see ingredient list), crushed peppercorns and grated Parmesan cheese. Dip each pork schnitzel into the flour mixture, followed by the egg and lastly in the panko mixture. Set aside on a plate.



3. Cook the pork schnitzels

Heat a large frying pan over a medium-high heat. Add the **flaked almonds** and toast, stirring occasionally, until golden, **2-3 minutes**. Transfer to a small bowl. Return the frying pan to a high heat and add **enough olive oil** to cover the base of the pan. Add the **pork** and cook until golden and cooked through, **1-2 minutes** each side (depending on thickness). Transfer to a plate lined with paper towel.

TIP: If your pan is getting crowded, cook in batches for the best results!



4. Prep the salad

While the pork is cooking, roughly chop the tomato. Grate the carrot (see ingredients list).



5. Bring it all together

Add the **basil pesto** to the roasted **potato** and toss to combine on the oven tray. In a medium bowl, combine the **balsamic vinegar**, a **pinch** of **salt** and **pepper**, the **tomato**, **carrot** and **mixed salad leaves**. Toss to combine just before serving.



6. Serve up

Divide the Parmesan crumbed pork schnitzel, pesto potatoes and balsamic salad between plates. Sprinkle the toasted flaked almonds over the salad and serve with the **garlic aioli**.

Enjoy!