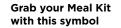
Moroccan Beef Cottage Pie

with Sweet Potato Mash & Green Salad









Sweet Potato











Celery







Tomato Paste

Beef Mince



Chermoula Spice



Blend

Beef Stock



Shredded Cheddar



Cucumber



Mixed Salad Leaves



Olive Oil, Butter, Balsamic Vinegar

This mouth-watering beef pie is comfort food at its finest. We've packed it full of tasty ingredients, from garlic, carrot and celery in the rich beef filling, to the mashed sweet potato topping covered in melted cheese. Serve with a crisp salad and you've got satisfaction, guaranteed!

Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You will need

Large saucepan with a lid · Large frying pan · Medium baking dish

Ingredients

ingredients		
	2 People	4 People
olive oil*	refer to method	refer to method
sweet potato	2	4
butter*	40g	80g
salt*	1/4 tsp	½ tsp
brown onion	1	2
garlic	2 cloves	4 cloves
carrot	1	2
celery	1 stalk	2 stalks
baby spinach leaves	1 bag (30g)	1 bag (60g)
beef mince	1 packet	1 packet
tomato paste	1 sachet (50g)	2 sachets (100g)
chermoula spice blend	1 sachet	2 sachets
water*	¼ cup	½ cup
beef stock	1 cube	2 cubes
shredded Cheddar cheese	1 packet (50g)	1 packet (100g)
cucumber	1	2
balsamic vinegar*	1 tsp	2 tsp
mixed salad leaves	1 bag (30g)	1 bag (60g)

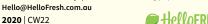
^{*}Pantry Items

Nutrition

Per Serving	Per 100g
3030kJ (725Cal)	435kJ (104Cal)
41.0g	5.9g
38.7g	5.5g
20.7g	3.0g
47.7g	6.8g
25.1g	3.6g
1530mg	219mg
	3030kJ (725Cal) 41.0g 38.7g 20.7g 47.7g 25.1g

Allergens

Please visit HelloFresh.com.au/foodinfo for allergen information. If you have received a substitute ingredient, please be aware allergens may have changed. Always read product labels for the most up-to-date allergen information.





1. Make the sweet potato mash

Bring a large saucepan of water to the boil. Peel and cut the **sweet potato** into 2cm chunks. Add the **sweet potato** to the saucepan of boiling water and cook until easily pierced with a knife, 10-15 minutes. Drain and return the sweet potato to the saucepan. Add the **butter** and the **salt** and mash using a potato masher or fork until smooth. Cover with a lid to keep warm.



2. Get prepped

While the sweet potato is cooking, finely chop the brown onion. Finely chop the garlic (or use a garlic press). Grate the carrot (unpeeled) and celery (or finely chop if you prefer). Roughly chop the baby spinach leaves.



3. Cook the mince

Preheat the oven grill to high. In a large frying pan, heat a drizzle of olive oil over a high heat. Add the onion, garlic, carrot and celery and cook, stirring, until softened, 3-4 minutes. Add the beef mince and cook, breaking up with a spoon, until just browned. 2-3 minutes.



4. Grill the cottage pie

Add the tomato paste, chermoula spice blend, **baby spinach** and **water** to the pan and crumble in the beef stock (1 cube for 2 people / 2 cubes for 4 people). Stir well to combine. Season to taste with a **pinch** of **salt** and **pepper**. Transfer the mince mixture to a medium baking dish and spread the sweet potato mash on top. Sprinkle with the shredded Cheddar cheese. Grill until lightly golden, 6-8 minutes.

TIP: Add a dash of water to the frying pan if the mince mixture looks dry.



5. Make the salad

While the pie is grilling, roughly chop the cucumber. In a medium bowl, combine the balsamic vinegar and olive oil (2 tsp for 2 people / 1 tbs for 4 people). Season with a pinch of salt and pepper. Add the mixed salad leaves and cucumber and toss to coat.

TIP: Toss the salad just before serving to keep the leaves crisp.



6. Serve up

Divide the Moroccan beef cottage pie between plates. Serve the green salad on the side.

Enjoy!