



Garlic & Herb Beef Burger

with Fries & Peppercorn Aioli

Grab your Meal Kit with this symbol



Potato



Brown Onion



Tomato



Black Peppercorns



Garlic & Herb Seasoning



Fine Breadcrumbs



Bake-At-Home Burger Buns



Spinach & Rocket Mix



Garlic Aioli



Beef Mince



Grated Parmesan Cheese

Prep in: **20-30** mins
Ready in: **30-40** mins

Is there any meal more satisfying than a juicy beef burger? We've loaded ours with melted cheese and sweet caramelised onion to make every bite a delight. The peppercorn aioli is a must for creaminess and a hint of heat.

Pantry items

Olive Oil, Balsamic Vinegar, Brown Sugar, Egg

Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

You will need

Oven tray lined with baking paper · Large frying pan with a lid

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
potato	2	4
brown onion	1	2
balsamic vinegar*	1 tbs	2 tbs
brown sugar*	1 tbs	2 tbs
tomato	1	2
black peppercorns	1 medium sachet	1 large sachet
garlic aioli	1 medium packet	1 large packet
beef mince	1 small packet	1 medium packet
garlic & herb seasoning	1 medium sachet	1 large sachet
egg*	1	2
fine breadcrumbs	1 medium packet	1 large packet
grated Parmesan cheese	1 packet (30g)	2 packets (60g)
bake-at-home burger buns	2	4
spinach & rocket mix	1 small bag	1 medium bag

*Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4192kJ (1001Cal)	621kJ (148Cal)
Protein (g)	53.3g	7.9g
Fat, total (g)	42.9g	6.4g
- saturated (g)	13.2g	2g
Carbohydrate (g)	94.2g	14g
- sugars (g)	19.1g	2.8g
Sodium (mg)	1130mg	167mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

Scan here if you have any questions or concerns

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1



Bake the fries

- Preheat oven to **240°C/220°C fan-forced**.
- Cut **potato** into fries.
- Place **fries** on a lined oven tray. Drizzle with **olive oil**, season with **salt** and toss to coat.
- Bake until tender, **20-25 minutes**.

TIP: If your oven tray is crowded, divide the fries between two trays.

4



Make the patties

- In a large bowl, combine **beef mince**, **garlic & herb seasoning**, the **egg** and **fine breadcrumbs**. Season with **salt** and **pepper**.
- Shape **mixture** into evenly sized patties (1 per person) slightly larger than a burger bun.

TIP: Make a shallow indent in the centre of each patty to prevent it from puffing up as it cooks.

Little cooks: Join the fun by combining the ingredients and shaping the mixture into patties! Make sure to wash your hands well afterwards.

2



Caramelize the onion

- Meanwhile, thinly slice **brown onion**.
- In a large frying pan, heat a drizzle of **olive oil** over medium heat. Cook **onion**, stirring, until softened, **5-6 minutes**.
- Add the **balsamic vinegar**, the **brown sugar** and a splash of **water**. Mix well. Cook until dark and sticky, **3-5 minutes**. Transfer to a small bowl.

5



Cook the patties

- Wipe out frying pan, then return to medium-high heat with a drizzle of **olive oil**. When oil is hot, cook **patties** until just cooked through, **4-5 minutes** each side.
- In the last **1-2 minutes** of cook time, sprinkle **grated Parmesan cheese** over **patties**, then cover with a lid so the cheese melts.
- Meanwhile, place **bake-at-home burger buns** on a wire rack in the oven. Bake until heated through, **3 minutes**.

3



Get prepped

- While the onion is cooking, thinly slice **tomato**.
- Lightly crush **black peppercorns** with a mortar and pestle or in their packet using a rolling pin.
- In a second small bowl, combine **garlic aioli** and crushed **peppercorns**.

Little cooks: Have a go at crushing the peppercorns and combining the ingredients for the aioli.

6



Serve up

- Slice burger bun in half.
- Spread each bun with a layer of peppercorn aioli. Top with a garlic and herb beef patty, tomato slices, caramelised onion and a handful of **spinach & rocket mix**.
- Divide burgers between plates. Serve with fries and remaining peppercorn aioli. Enjoy!

Little cooks: Take the lead and help build the burgers!

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