

# Easy Spiced Pork & Corn Slaw with Couscous, Ranch Dressing & Pickled Jalapeños



Vegetable Stock Powder

Baby Spinach

Leaves

Pork Strips

Ranch Dressing



Pantry items Olive Oil, White Wine Vinegar

Give your weeknight dinner an upgrade with this simple, vibrant recipe that'll make you want to put more pork on your fork.

Before you start Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

# You will need

Large frying pan

# Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
couscous	1 medium packet	1 large packet
vegetable stock powder	1 medium sachet	1 large sachet
boiling water*	¾ cup	1½ cups
sweetcorn	<b>1 tin</b> (125g)	<b>1 tin</b> (300g)
baby spinach leaves	1 small bag (30g)	1 medium bag (60g)
white wine vinegar*	drizzle	drizzle
slaw mix	1 small bag	1 large bag
pork strips	1 packet	1 packet
All-American spice blend	1 sachet	2 sachets
ranch dressing	1 packet	2 packets
pickled jalapeños (optional)	1 medium packet	1 large packet

\*Pantry Items

# Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2149kJ (514Cal)	528kJ (126Cal)
Protein (g)	38g	9.3g
Fat, total (g)	16.8g	4.1g
- saturated (g)	3.6g	0.9g
Carbohydrate (g)	49.3g	12.1g
- sugars (g)	11.5g	12.1g
Sodium (mg)	1827mg	449mg

The quantities provided above are averages only.

### Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



# Cook the couscous

- Boil the kettle. Place **couscous** in large bowl and sprinkle over the vegetable stock powder. Add the boiling water and stir to combine.
- Immediately cover with a plate and leave for 5 minutes. Fluff up with a fork.



# Prep the slaw

- While couscous is cooking, drain **sweetcorn**. Heat a large frying pan over a high heat. Cook sweetcorn until lightly charred, 4-5 minutes.
- Meanwhile, roughly chop the **baby spinach leaves**. In a medium bowl, combine a drizzle of **olive oil** and **white wine vinegar**. Season with **salt** and **pepper**.
- Add slaw mix, baby spinach and charred corn.

**TIP:** Cover the pan with a lid if the kernels are "popping" out.



# Cook the pork

- In a medium bowl, combine pork strips, All-American spice blend and a drizzle of **olive oil**. Season with **salt** and **pepper**.
- Return the frying pan to a high heat with a drizzle of **olive oil**. When the oil is hot, cook pork strips, in batches, until browned and cooked through, 1-2 minutes. Remove from the heat.

**TIP:** The spice blend will char slightly in the pan, this adds to the flavour!



# Serve up

- Toss slaw to combine. Divide couscous between bowls.
- Top with American-style pork (plus any resting juices!), corn slaw and a drizzle of ranch dressing. Sprinkle with pickled jalapeños (if using) to serve.

**Enjoy!**