

Crispy Bacon & Broccoli Baked

Risotto





Save time by finishing your risotto in the oven













Arborio Rice



Parmesan Cheese





Baby Spinach Leaves



Bacon





Pantry Staples





Olive Oil



Hands-on: 20 mins Ready in: 40 mins Now, we love a risotto. It's an evergreen dish, always a winner for taste and satisfaction. But, every now and again, we like to make one a bit bulkier. Enter bacon and broccoli. The broccoli adds some healthy volume and the crispy bacon is the perfect, savoury cherry on top.

START

You will need: chef's knife, chopping board, kettle, large jug, garlic crusher, sieve, large ovenproof frying pan with a lid, wooden spoon, aluminium foil, fine grater and oven tray lined with baking paper. Let's start cooking the Crispy Bacon & Broccoli Baked Risotto.



Technical Section 1 GET PREPPED
Preheat the oven to 200°C/180°C fanforced. Bring a full kettle of water to the boil.
In a large jug, combine the boiling water with the crumbled vegetable stock cube, set aside.



PREPARE VEGGIES
Finely slice the **red onion**. Chop the **broccoli** into florets. Peel and crush the **garlic**.
Rinse the **Arborio rice**.



Heat the **olive oil** in a large ovenproof frying pan over a medium-high heat (if you don't have an ovenproof frying pan place a baking dish in the oven to heat up while you prep the risotto). Add the **red onion** and **broccoli** and cook for **4–5 minutes**, or until the **red onion** is soft. Stir through the **garlic**, **butter** and **Arborio rice** and cook for **1 minute**, or until fragrant. Slowly pour in the **stock** liquid and bring to the boil for **2 minutes**, stirring regularly. Remove the pan from the heat.



FINISH RISOTTO IN OVEN

Cover the pan (or preheated baking dish) with a lid or aluminium foil and transfer to the oven to cook for 15–20 minutes, or until the stock has been absorbed and the rice is 'al dente' (if the rice is a bit gluggy add a splash of hot water and stir through). Finely grate the Parmesan cheese. Roughly chop the parsley. Once the stock has been absorbed, remove pan from the oven and stir through the baby spinach leaves, Parmesan cheese and parsley. Season with salt and pepper.



5 COOK BACON
Meanwhile, remove rind from bacon.
Place the bacon in a single layer on the prepared oven tray. Transfer to the oven and cook for **15 minutes**, or until crispy and golden. Remove and chop into small pieces. Slice **lemon** into wedges.



SERVE UPDivide the baked risotto between bowls, sprinkle with **bacon** and squeeze over the juice from the **lemon** wedges.

Enjoy!

4-5 PEOPLE

INGREDIENTS

	4-5P
boiling water*	4 cups
vegetable stock	1 cube
red onion ③	1/2
broccoli	1
garlic ①	2 cloves
Arborio rice	2 packets (400g)
olive oil *	1 tbs
butter*	1 tbs
Parmesan cheese	1 block
parsley	1 bunch
baby spinach leaves ®	½ bag
bacon	1 packet
lemon 👁	1/2

*Pantry Items | • Ingredient features in another recipe

NUTRITION	PER SERVING	PER 100G	
energy (kj)	2780	601	
Protein (g)	23.4	5.1	
at, total (g)	24.5	5.3	
saturated (g)	10	2.2	
Carbohydrate (g)	84.3	18.2	
sugars (g)	3.8	0.8	
Sodium (mg)	931	201	

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2017 | WK11 | F4

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