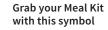


Chorizo & Veggie Traybake with Spinach, Fetta & Almonds











Roasted Almonds

Baby Spinach





Balsamic Glaze

Carrot & Zucchini





Chopped Potato

Fetta Cubes



Mild Chorizo

Prep in: 10-20 mins Ready in: 35-45 mins



This colourful meal is done in four steps and uses only one oven tray to save on washing up! With most of the magic made in the oven, it literally cooks itself, with the mild chorizo adding a rich and salty depth of flavour to the veggies. Too easy!

Pantry items Olive Oil

Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

You will need

Oven tray lined with baking paper

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
chopped potato	1 medium bag	1 large bag
carrot & zucchini mix	1 medium bag	1 large bag
mild chorizo	1 packet (250g)	2 packets (500g)
roasted almonds	1 medium packet	1 large packet
baby spinach leaves	1 small bag	1 medium bag
fetta cubes	1 medium packet	1 large packet
balsamic glaze	drizzle	drizzle

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
0 0 0	•	•
Energy (kJ)	2723kJ (651Cal)	486kJ (116Cal)
Protein (g)	40.2g	7.2g
Fat, total (g)	39.2g	7g
- saturated (g)	13.6g	2.4g
Carbohydrate (g)	32.1g	5.7g
- sugars (g)	14.1g	2.5g
Sodium (mg)	1932mg	345mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Roast the veggies

- Preheat oven to 220°C/200°C fan-forced.
- Place chopped potato and carrot & zucchini mix on a lined oven tray.
 Drizzle with olive oil, season with salt and pepper and toss to coat.
- Roast for 15 minutes (the veggies will finish cooking in step 2!).

TIP: If your oven tray is crowded, divide the veggies between two trays.



Add the chorizo

- Meanwhile, roughly chop mild chorizo.
- When **veggies** are ready, remove tray from oven, then add **chorizo** to tray.
- Return to the oven to bake until veggies are tender and chorizo is cooked through, a further 10-15 minutes.



Bring it all together

- While the veggies and chorizo are baking, roughly chop **roasted almonds**.
- When the veggies and chorizo are ready, add baby spinach leaves and almonds to the tray. Toss to combine.



Serve up

- Divide chorizo and veggie traybake between plates.
- Crumble over fetta cubes.
- Drizzle with **balsamic glaze** to serve. Enjoy!

