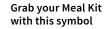
# Chorizo Burrito Bowl

with Charred Corn Salsa, Garlic Rice & Sour Cream

















Sweetcorn





Black Beans

Cucumber









Coriander

Spice Blend



Sour Cream

**Pantry items** Olive Oil, Butter

Not suitable for Coeliacs

## Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

#### You will need

Medium saucepan with lid · Large frying pan

# Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
garlic	2 cloves	4 cloves
butter*	20g	40g
basmati rice	1 packet	2 packets
water*	1½ cups	3 cups
salt*	1/4 tsp	½ tsp
sweetcorn	1 tin (125g)	1 tin (300g)
mild chorizo	1 packet	2 packets
black beans	½ tin	1 tin
cucumber	1	2
tomato	1	2
lime	1	1
coriander	1 bunch	1 bunch
Tex-Mex spice blend	1 sachet	2 sachets
enchilada sauce	<b>1 sachet</b> (150g)	<b>1 sachet</b> (300g)
sour cream	1 tub (100g)	1 tub (200g)

<sup>\*</sup>Pantry Items

#### **Nutrition**

	Per Serving	Per 100g
Energy (kJ)	4260kJ (1018Cal)	680kJ (162Cal)
Protein (g)	41g	6.5g
Fat, total (g)	51.1g	8.2g
- saturated (g)	22g	3.5g
Carbohydrate (g)	90.6g	14.5g
- sugars (g)	16.5g	2.6g
Sodium (mg)	2697mg	430mg

## **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit **hellofresh.com.au/foodinfo** for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



## Cook the garlic rice

Finely chop the **garlic**. In a medium saucepan, melt the **butter** with a dash of **olive oil** over a medium heat. Add the **garlic** and cook until fragrant, **1-2 minutes**. Add the **basmati rice**, **water** and the **salt**, stir and bring to the boil. Reduce the heat to low and cover with a lid. Cook for **10 minutes**, then remove from the heat and keep covered until the rice is tender and the water has absorbed, **10 minutes**.

**TIP:** The rice will finish cooking in its own steam so don't peek!



#### Char the corn

While the rice is cooking, drain the **sweetcorn**. Heat a large frying pan over a high heat. Add the **corn** kernels and cook until lightly browned, **4-5 minutes**. Transfer to a medium bowl.

**TIP:** Cover the pan with a lid if the corn kernels are "popping" out.



## Get prepped

While the corn is charring, finely chop the **mild chorizo**. Drain and rinse the **black beans** (see ingredients). Roughly chop the **cucumber** and **tomato**. Zest the **lime** to get a good pinch, then slice into wedges. Roughly chop the **coriander**.



#### Cook the chorizo

**SPICY!** This is a mild spice blend, but if you're very sensitive to spice, you may want to add less. Return the frying pan to a medium-high heat with a drizzle of **olive oil**. Cook the **chorizo** until golden, **3-4 minutes**. Add the **Tex-Mex spice blend** and **black beans** and cook until fragrant, **1 minute**. Add the **enchilada sauce** and cook, stirring, until heated through, **2-3 minutes**.



## Make the salsa

While the chorizo is cooking, add the **cucumber**, **tomato**, 1/2 the **coriander**, **lime zest** and a good squeeze of **lime** to the charred **corn**. Add a small drizzle of **olive oil** and a pinch of **pepper**. Toss to coat.



## Serve up

Divide the garlic rice between bowls. Top with the chorizo and beans and charred corn salsa. Spoon over the **sour cream** and garnish with the remaining coriander. Serve with any remaining lime wedges.

## Enjoy!