



Chicken Caesar Tacos with Bacon & Parmesan

FRESH & FAST

Box to plate: 15 mins

Eat me early

Grab your
Fresh & Fast
Meal Kit



Nutrition Per Serving: Energy 3476kJ (830Cal) | Protein 61.8g | Fat, total 41.9g - saturated 8.8g | Carbohydrate 47.3g - sugars 7.7g | Sodium 1774mg
The quantities provided above are averages only.

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Get ready

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You'll need

(along with the basics)



Large Frying Pan



Microwave

From the pantry



Olive Oil



Salt & Pepper

From the cool pouch

	2P	4P
Chicken Tenderloin	1 pkt	1 pkt
Diced Bacon	1 pkt (90g)	1 pkt (180g)
Caesar Dressing	2 tubs	4 tubs
Grated Parmesan Cheese	1 pkt (30g)	2 pkts (60g)

Allergens

Always read product labels for the most up-to-date allergen information. Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

1. Sizzle



Aussie Spice Blend



Chicken Tenderloin



Diced Bacon

2. Chop



Cos Lettuce



Cherry Tomatoes



Caesar Dressing

3. Zap



Mini Flour Tortillas



Grated Parmesan Cheese

- In a bowl, combine **spice blend** and **chicken** with a drizzle of **olive oil**
- Heat **oil** in a frying pan over high heat
- Cook **chicken** and **bacon**, turning, until cooked through, **6-8 mins**

- Chop **lettuce** and halve **tomatoes** and add to a bowl with the **dressing**
- Toss to combine and season
- Slice the **chicken**

- Microwave **tortillas** for 10 second bursts, until warmed through
- Fill **tortillas** with **salad, chicken** and **bacon**
- Sprinkle with **Parmesan** to serve

