

Cherry Tomato, Olive & Goat Cheese Penne

Dinner that's ready in a flash? We've got you covered. Take some pasta, oven roasted tomatoes, onion and garlic. Then, add fresh basil, olives and goat curd and voila! Before your eyes is a Italian dish that's sure to please and will transport you to the hot and bustling streets of Rome with every bite.



Prep: 5 mins Cook: 25 mins Total: 30 mins



level 1



nut free

Pantry Items











Cherry Tomatoes



Pitted Kalamata





Marinated Goats

2P	4P	Ingredients	
1 punnet	2 punnets	cherry tomatoes, halved	
1 tbs	2 tbs	olive oil *	
250 g	500 g	penne	
1/2	1	red onion, finely sliced	
1 clove	2 cloves	garlic, peeled & crushed	
⅓ cup	⅔ cup	pitted kalamata olives, sliced	
1 bunch	2 bunches	basil, finely sliced	
1 tub	2 tubs	marinated goat cheese, crumbled	

(1)	Ingredient features in another recipe				
*	Pantry Items				

N	lu	tri	ti	on	p	er	se	rv	e

Pre-preparation

Nutificial per serve				
Energy	2870	Kj		
Protein	20.9	g		
Fat, total	22.1	g		
-saturated	6.2	g		
Carbohydrate	96.5	g		
-sugars	5.8	g		
Sodium	626	mg		



You will need: chopping board, chef's knife, garlic crusher, oven tray lined with baking paper, large saucepan/pot, colander, medium frying pan and wooden spoon.

- 1 Preheat the oven to 200°C/180°C fan-forced.
- 2 Toss the cherry tomatoes in half of the olive oil and season with salt and pepper. Place on the prepared oven tray and cook in the oven for 15-20 minutes or until blackened at the edges and beginning to collapse.
- 3 Meanwhile, bring a large pot of salted water to the boil. Add the **penne** and cook for **10 minutes** or until 'al dente'. Reserve 2 tablespoons of the pasta water. Drain.
- 4 While the pasta is cooking, heat the remaining olive oil in a medium frying pan. Add the **red onion** and cook, stirring, for 3 minutes or until softened. Add the **garlic** and cook for 1 minute or until fragrant. Add the cherry tomatoes, reserved pasta cooking water, **pitted kalamata olives** and **basil**. Cook, stirring, until heated through. Season to taste with salt and pepper. Toss the drained penne through the tomato mixture in the pan.
- **5** To serve, divide between serving bowls and dot with the **marinated goat cheese**.





