



Spiced Beef with Corn Slaw, Rice & Chipotle Mayo

FRESH & FAST Box to plate: 15 mins Eat me early

Grab your
Fresh & Fast
Meal Kit



Nutrition Per Serving: Energy 2210kJ/528Cal | Protein 34.8g | Fat, total 20.0g - saturated 4.1g | Carbohydrate 48.4g - sugars 10.9g | Sodium 702mg
Low Calorie | Naturally Gluten-Free (Not suitable for Coeliacs) | **For allergens and ingredient information:** Visit [HelloFresh.com.au/foodinfo](https://www.hellofresh.com.au/foodinfo)

Contact us | Hello@HelloFresh.com.au
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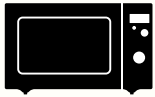
Get ready

Wash your fruit and veggies first!

You'll need
(along with the basics)



Medium Frying Pan

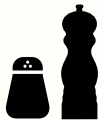


Microwave

From the pantry



Olive Oil



Salt & Pepper

From the cool pouch

	2P	4P
Mayonnaise	1 pkt (40g)	1 pkt (100g)
Beef Strips	1 pkt	1 pkt

1. Fry



Capsicum



Sweetcorn

2. Sizzle



Chives



Lime



Mild Chipotle Sauce



Mayonnaise



Beef Strips



All-American Spice Blend

3. Zap



Microwavable Basmati Rice



Slaw Mix

- Heat **olive oil** in a frying pan over a high heat
- Thinly slice **capsicum**
- Drain **sweetcorn**
- Cook **capsicum** and **sweetcorn** until tender, **3-4 mins**
- Transfer to a bowl

- Meanwhile, finely chop **chives**
- Cut **lime** into wedges
- Grab a small bowl. Combine **chipotle** and **mayo**
- Return pan to a high heat with a **good drizzle of olive oil**
- Cook **beef** and **spice blend**, tossing, until browned, **1-2 mins**

- Now, zap **rice** in microwave until steaming, **2-3 mins**
- To bowl with cooked veggies, add **slaw mix**, a **good squeeze of lime juice** and a **drizzle of olive oil**
- **Season** and toss
- Plate up **rice**, **spiced beef**, **slaw** and remaining **lime** wedges
- **Drizzle** with **chipotle mayo**
- Garnish with **chives**

