

SPEEDY BASIL PESTO PIZZA

with Garden Rocket, Zucchini Ribbons & Fetta





Add pesto to a pizza







Wholemeal Pizza Bases





Fetta Cheese



Hands-on: 20 mins Ready in: 25 mins

This pizza just screams Autumn and fresh green ingredients. It's pizza as Italians know it should be – simple, respectful of the ingredients and absolutely delicious.

Pantry Staples: Olive Oil, Vinegar (Balsamic Or White Wine), Honey

START

Our fruit and veggies need a **little wash** before you use them!! You will need: **vegetable peeler**, **spoon**, **small bowl** and a **medium bowl**.



GET PREPPEDPreheat the oven to 200°C/180°C fanforced. Peel the zucchini into thin ribbons using a vegetable peeler.



MAKE THE TOMATO BASE
Place the wholemeal pizza bases on a
flat surface, rough side down, and use the
back of a spoon to spread evenly with the
pizza sauce.



ADD THE TOPPINGS
Top the pizza with the zucchini ribbons and dollops of traditional pesto. Crumble over the fetta. *TIP: Make sure to spread the ingredients evenly over the pizza base to prevent a soggy base!



BAKE THE PIZZA

Place the pizzas directly onto a wire rack in the oven and cook for 10 minutes, or until the cheese is melted slightly and the base is crispy.

*TIP: Placing the pizzas directly onto the wire racks helps the base to crisp up.



DRESS THE ROCKET
While the pizza is baking, combine
the vinegar, honey and olive oil (1 tbs for
2 people / 1 tbs for 4 people) in a medium
bowl. Season with a pinch of salt and pepper
and mix well. Add the rocket leaves and toss
to coat. *TIP: Add the rocket just before
serving to prevent soggy leaves.



SERVE UPSlice the speedy basil pesto pizza into wedges and top with half of the dressed garden rocket. Serve the remaining rocket on the side.

ENJOY!

2 4 PEOPLE

INGREDIENTS

	2P	4P
olive oil*	refer to method	refer to method
zucchini	1	2
wholemeal pizza bases	2	4
pizza sauce	1 sachet (150 g)	2 sachets (300 g)
traditional pesto	1 tub (75 g)	1 tub (150 g)
fetta	1 block (100 g)	2 blocks (200 g)
vinegar* (balsamic or white wine)	3 tsp	1½ tbs
honey*	1 tsp	2 tsp
rocket leaves	1 bag	1 bag

*Pantry Items

NUTRITION	PER SERVING	PER 100G
energy (kJ)	4070kJ (972Cal)	757kJ (181Cal)
Protein (g)	33.1g	6.2g
at, total (g)	47.4g	8.8g
saturated (g)	12.6g	2.3g
Carbohydrate (g)	99.9g	18.6g
sugars (g)	13.6g	2.5g
Sodium (g)	2090mg	388mg

For allergens and ingredient information, visit **HelloFresh.com.au/foodinfo**

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2018 | WK16

