

BASIL PESTO & BACON RISOTTO

with Parmesan & Walnuts





Add pesto to a risotto!



Brown Onion







Green Beans



Bacon



Arborio Rice



Chicken Stock







Grated Parmesan



Basil Pesto



Baby Spinach

Hands-on: 30 mins Ready in: 50 mins Naturally gluten-free

Not suitable for Coeliacs You can't beat a baked risotto for an easy dinner that's comforting, satisfying and unfailingly delicious. This one has bacon, basil pesto, parmesan and walnuts – a foolproof combination that's sure to please.

Pantry Staples: Olive Oil, Butter

Our fruit and veggies need a little wash first! Along with basic cooking tools, you will use:

· large frying pan · large baking dish



GET PREPPED Preheat the oven to 220°C/200°C fan**forced**. Finely chop the **brown onion**. Finely chop the garlic (or use a garlic press). Trim the green beans and cut into 2cm pieces. Zest the lemon to get a generous pinch, then slice into wedges. Cut the **bacon** into 1cm pieces.



START THE RISOTTO In a large frying pan, heat a drizzle of olive oil over a medium-high heat. Add the **onion** and **bacon** and cook, stirring, until the onion has softened and the bacon is starting to brown, **4-5 minutes**. Add the **garlic** and cook until fragrant, 1 minute.



Add the arborio rice to the pan and stir to coat. Add the water, lemon zest, crumble in the chicken stock cubes and bring to the boil.



*Pantry Items

basil pesto

olive oil'

brown onion garlic

green beans lemon bacon

arborio rice

chicken stock

grated Parmesan cheese

baby spinach leaves

water

walnuts

basil

butter*

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NUTRITION	PER SERVING	PER 100G
Energy (kJ)	3680kJ (880Cal)	985kJ (235Cal)
Protein (g)	25.7g	6.9g
at, total (g)	45.6g	12.2g
saturated (g)	15.9g	4.3g
Carbohydrate (g)	86.7g	23.2g
sugars (g)	4.9g	1.3g
Sodium (g)	964mg	258mg

INGREDIENTS

refer to method

3 cloves 1 bag

1 packet

2 packets

4 cups

2 cubes

2 packets

1 punnet

2 packets

40g

(60g)

1 tub

1 bag

(120g)

For allergens and ingredient information, visit HelloFresh.com.au/foodinfo



AKE THE RISOTTO Transfer the **risotto** to a large baking dish. Cover tightly with foil and bake for 15 minutes. Remove the dish from the oven, stir through a **splash** of **water** and add the green beans. Re-cover with foil and bake until the liquid has been absorbed and the rice is 'al dente', 15-20 minutes.



FINISH THE RISOTTO While the risotto is baking, roughly chop the **walnuts**. Pick the **basil** leaves and roughly chop. Wipe out the frying pan and return to a medium-high heat. Add the walnuts and toast, tossing, until golden, 3-4 minutes. Transfer to a plate. When the **risotto** is ready, stir through the **butter**, **grated Parmesan** cheese, basil pesto and a squeeze of lemon juice. Season to taste with salt and pepper. Add the baby spinach leaves, in batches, until wilted. * TIP: Add a splash of water to loosen the risotto if needed!



SERVE UP Divide the bacon and pesto risotto between bowls. Garnish with the walnuts and basil. Serve with any remaining lemon wedges.

ENJOY!

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