

PUB BISTRO

NEW

## Creamy Pumpkin Ravioli & Bacon-Parsley Crumb with Garlic Bread & Pear-Fennel Salad

Grab your Meal Kit with this symbol







Garlic Paste

Parsley

Diced Bacon



Panko Breadcrumbs

Bake-At-Home Ciabatta



Pumpkin & Roasted Onion Ravioli

Garlic & Herb Seasoning



Nan's Special

Light Cooking Cream



Green Dressing

Seasoning

Spinach, Rocket & Fennel Mix



Parmesan Cheese

Pantry items Olive Oil, Butter

Pockets of ravioli stuffed with pumpkin and onion filling, scattered with a crisy bacon and parsley crumb team perfectly with

Prep in: 30-40 mins Ready in: 30-40 mins

chunks of our golden, garlicky ciabatta. Finish with a gorgeously green salad for a delectable dinner you can't wait to sink your teeth into!

#### Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Large saucepan  $\cdot$  Large frying pan

#### Ingredients

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	2 People	4 People
olive oil*	refer to method	refer to method
parsley	1 packet	1 packet
pear	1	2
butter*	20g	40g
garlic paste	1 medium packet	2 medium packets
diced bacon	1 medium packet	1 large packet
panko breadcrumbs	½ medium packet	1 medium packet
bake-at-home ciabatta	1	2
pumpkin & roasted onion ravioli	1 packet	2 packets
garlic & herb seasoning	1 medium sachet	1 large sachet
Nan's special seasoning	½ medium sachet	1 medium sachet
light cooking cream	1 large packet	2 large packets
green dressing	1 medium packet	1 large packet
spinach, rocket & fennel mix	1 small packet	1 medium packet
Parmesan cheese	1 medium packet	1 large packet

\*Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4921kJ (1176Cal)	925kJ (221Cal)
Protein (g)	39.1g	7.3g
Fat, total (g)	54.6g	10.3g
- saturated (g)	25.9g	4.9g
Carbohydrate (g)	123.5g	23.2g
- sugars (g)	27.3g	5.1g
Sodium (mg)	2647mg	498mg

The quantities provided above are averages only.

#### Allergens

Always read product labels for the most up-to-date allergen information. Visit **hellofresh.com.au/foodinfo** for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

### Fancy a beer?

We recommend pairing this meal with Pale Ale or Lager

We're here to help! Scan here if you have any questions or concerns 2024 | CW15





#### Get prepped

- Bring a large saucepan of salted water to the boil. Preheat oven to 240°C/220°C fan-forced.
- Pick and thinly slice **parsley**.
- Thinly slice **pear** into wedges.
- In a small microwave-safe bowl, microwave the butter and garlic paste in 10 second bursts, until melted and fragrant. Season with salt and pepper.



#### Make the bacon-parsley crumb E

- In a large frying pan, heat a good drizzle of olive oil over medium-high heat. Cook diced bacon, breaking up with a spoon, until golden, 3-4 minutes.
- Add parsley and panko breadcrumbs (see ingredients), stirring, until golden brown, 3 minutes.
- Season with **pepper**. Transfer to a bowl and set aside.

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#### Bake the garlic bread

- Meanwhile, slice bake-at-home ciabatta in half lengthways. Brush garlic butter over cut sides of the ciabatta.
- Place **garlic ciabatta** directly on wire racks in the oven.
- Bake until heated through and lightly golden, **5 minutes**.

#### Cook the ravioli

- Meanwhile, cook pumpkin & roasted onion ravioli in the boiling water until 'al dente',
- 3 minutes.
- Reserve some pasta water (¼ cup for 2 people / ½ cup for 4 people).
- Drain and return **ravioli** to the pan with a drizzle of **olive oil**.



#### Make the pasta sauce

- Wipe out frying pan then return to medium heat with a drizzle of **olive oil**.
- Cook garlic & herb seasoning and Nan's special seasoning (see ingredients), stirring, until fragrant, 1 minute.
- Add light cooking cream and reserved pasta water, until bubbling, 1 minute.
- Add cooked ravioli, tossing to combine, 1 minute.

# 6

#### Serve up

- In a large bowl, combine green dressing, spinach, rocket & fennel mix, pear and a drizzle of olive oil. Season with salt and pepper.
- Slice garlic bread.
- Divide creamy pumpkin ravioli between bowls. Top with bacon-parsley crumb and **Parmesan cheese**.
- Serve with pear-fennel salad and garlic bread. Enjoy!

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