

# Lemongrass Beef Brisket Bao Buns with Pickled Cucumber & Japanese-Mayo Corn Cob

NEW

**BAO BONANZA** 

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**Ginger Lemongrass** 

Paste

Cucumber



Prep in: 20-30 mins Ready in: 35-45 mins

Pillowy bao buns stuffed with succulent slow-cooked beef brisket coated with ginger lemongrass flavours, a colourful salad mix and crunchy peanuts is your ticket to an unforgettable flavour sensation. Even add some fresh chilli for a spike of heat!





Long Chilli (Optional)

Corn

Coriander





Mixed Salad Leaves

**Crushed Peanuts** 



Gua Bao Buns

Sweet Chilli Sauce

#### Pantry items

Olive Oil, Soy Sauce, Vinegar (White Wine or Rice Wine)

# Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Medium or Large baking dish  $\cdot$  Oven tray lined with baking paper  $\cdot$  Large frying pan

#### Ingredients

	2 People	4 People	
olive oil*	refer to method	refer to method	
slow-cooked beef brisket	1 medium packet	2 medium packets OR 1 large packet	
soy sauce*	1 tbs	2 tbs	
ginger lemongrass paste	½ packet	1 packet	
corn	1 cob	2 cobs	
cucumber	1	2	
vinegar* (white wine or rice wine)	¼ cup	½ cup	
mayonnaise	1 medium packet	1 large packet	
Japanese style dressing	1 packet	2 packets	
long chilli ∮ (optional)	1⁄2	1	
coriander	1 packet	1 packet	
mixed salad leaves	1 small packet	1 medium packet	
crushed peanuts	1 medium packet	1 large packet	
gua bao buns	6	12	
sweet chilli sauce	1 medium packet	2 medium packets	

#### \*Pantry Items

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Avg Qty	Per Serving	Per 100g	
Energy (kJ)	2668kJ (638Cal)	559kJ (134Cal)	
Protein (g)	37.1g	7.8g	
Fat, total (g)	36.9g	7.7g	
- saturated (g)	9.3g	1.9g	
Carbohydrate (g)	40.3g	8.4g	
- sugars (g)	24.2g	5.1g	
Sodium (mg)	1646mg	345mg	

The quantities provided above are averages only.

#### Allergens

Always read product labels for the most up-to-date allergen information.

Visit **hellofresh.com.au/foodinfo** for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



### Roast the brisket

- Preheat oven to 240°C/220°C fan-forced.
- Place **slow-cooked beef brisket** in a baking dish.
- Pour liquid from packaging and the soy sauce over beef. Cover with foil and roast for 15 minutes.
- Remove from oven. Uncover, then turn over beef and spread over ginger lemongrass paste (see ingredients).
- Roast, uncovered, until browned and heated through, **8-10 minutes**.



#### Roast the corn

- While the beef is roasting, cut **corn** in half. Place on a lined oven tray.
- Drizzle with **olive oil**, season with **salt** and toss to coat.
- Roast until tender and slightly charred, **15-20 minutes**.
- Remove from the oven, set aside and cover to keep warm.



## Pickle the cucumber

- Slice cucumber into thin sticks.
- In a medium bowl, combine the **vinegar** and a good pinch of **sugar** and **salt**.
- Add **cucumber** to pickling liquid. Add enough water to just cover cucumber. Set aside.
- **TIP:** Slicing the cucumber very thinly helps it pickle faster!



#### Make the salad

- When the brisket has **10 minutes** remaining, in a small bowl, combine **mayonnaise** and **Japanese style dressing**. Set aside.
- Thinly slice **long chilli** (if using).
- Roughly chop **coriander**.
- In a large bowl, combine **mixed salad leaves**, **coriander, chilli**, and a drizzle of **olive oil**. Season with **salt** and **pepper**.
- Sprinkle salad with **crushed peanuts**.



# Heat the bao buns

- Place gua bao buns on a plate with a small splash of water (just a small splash so they stay fluffy!).
- Cover with cling wrap or a microwave-safe bowl.
  Microwave on high for 1 minute. Set aside for 1 minute.



# Serve up

- Shred beef brisket using two forks then stir through **sweet chilli sauce**. Drain cucumber.
- Uncover, then gently open the buns, and fill with pickled cucumber, lemongrass brisket and some salad.
- Bring everything to the table to serve. Serve baos with corn cob, and any remaining salad.
- Drizzle Japanese mayo over the corn to serve. Enjoy!

We're here to help! Scan here if you have any questions or concerns 2024 | CW12



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