

# Pumpkin Ravioli & Chorizo Cream Sauce

with Almond Pangrattato & Pear Salad

GOURMET

KID FRIENDLY



Grab your Meal Kit with this symbol







Lemon

**Snacking Tomatoes** 





Mild Chorizo





Panko Breadcrumbs

Flaked Almonds







**Light Cooking** 

Vegetable Stock







Parmesan Cheese Pumpkin & Roasted Onion Ravioli





**Pantry items** 

Olive Oil, Balsamic Vinegar

# Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Medium saucepan · Large frying pan

#### Ingredients

| ingi calcino                    |                 |                  |  |
|---------------------------------|-----------------|------------------|--|
|                                 | 2 People        | 4 People         |  |
| olive oil*                      | refer to method | refer to method  |  |
| garlic                          | 2 cloves        | 4 cloves         |  |
| rosemary                        | 2 sticks        | 4 sticks         |  |
| snacking<br>tomatoes            | 1 packet        | 2 packets        |  |
| lemon                           | 1/2             | 1                |  |
| pear                            | 1               | 2                |  |
| mild chorizo                    | 1 packet        | 2 packets        |  |
| panko<br>breadcrumbs            | ½ medium packet | 1 medium packet  |  |
| flaked almonds                  | 1 medium packet | 1 large packet   |  |
| light cooking cream             | 1 medium packet | 1 large packet   |  |
| vegetable stock<br>powder       | 1 medium sachet | 1 large sachet   |  |
| Parmesan cheese                 | 1 medium packet | 1 large packet   |  |
| pumpkin & roasted onion ravioli | 1 packet        | 2 packets        |  |
| spinach & rocket<br>mix         | 1 medium packet | 2 medium packets |  |
| balsamic<br>vinegar*            | drizzle         | drizzle          |  |

# \*Pantry Items Nutrition

| Avg Qty          | Per Serving      | Per 100g              |
|------------------|------------------|-----------------------|
| Energy (kJ)      | 4686kJ (1120Cal) | <b>792kJ</b> (189Cal) |
| Protein (g)      | 45.6g            | 7.7g                  |
| Fat, total (g)   | 64.7g            | 10.9g                 |
| - saturated (g)  | 26.3g            | 4.4g                  |
| Carbohydrate (g) | 81.5g            | 13.8g                 |
| - sugars (g)     | 23g              | 3.9g                  |
| Sodium (mg)      | 2399mg           | 406mg                 |

The quantities provided above are averages only.

#### **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.com.au/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

# Fancy a drop?

We recommend pairing this meal with Chardonnay or Sauvigon Blanc



# Get prepped

- Finely chop garlic.
- Pick and finely chop rosemary.
- Halve snacking tomatoes.
- Zest **lemon** to get a generous pinch, then cut into wedges.
- Thinly slice pear.
- · Finely chop mild chorizo.
- Bring a medium saucepan of salted water to the boil.



# Make the pangrattato

- In a large frying pan, heat a generous drizzle of olive oil over medium-high heat. Cook panko breadcrumbs (see ingredients) and flaked almonds, stirring, until golden brown, 3 minutes.
- Add lemon zest and half the garlic and cook until fragrant, 1-2 minutes. Transfer to a bowl.
   Season with salt and pepper, then set aside.



#### Cook the sauce

- Return frying pan to medium-high heat with a drizzle of olive oil. Cook chorizo, tossing, until golden, 3-4 minutes.
- Add snacking tomatoes, rosemary and remaining garlic and cook until tomatoes are starting to soften, 2-3 minutes.
- Add light cooking cream, vegetable stock powder and Parmesan cheese, then simmer until slightly thickened, 1-2 minutes. Stir through a squeeze of lemon juice.



# Cook the pasta

- When the sauce has 3-4 minutes remaining, cook pumpkin & roasted onion ravioli in the saucepan of boiling water until 'al dente', 3 minutes.
- Reserve some pasta water (2 tbs for 2 people / ¼ cup for 4 people), then drain.

**TIP:** 'Al dente' pasta is cooked through but still slightly firm in the centre.



# Bring it all together

- To pan with the sauce, add cooked ravioli.
   Gently toss to coat, then remove pan from heat.
   Season to taste, then set aside.
- In a medium bowl, combine spinach & rocket mix and pear. Season, then toss to combine.

**TIP:** If the pasta sauce looks too thick, add a splash of the reserved pasta water to loosen.



# Serve up

- Divide pumpkin ravioli and chorizo cream sauce between plates.
- · Sprinkle with almond pangrattato.
- Serve with rocket salad and any remaining lemon wedges. Enjoy!



